



INSTITUTE FOR FIELD RESEARCH EXPEDITIONS
VOLUNTEER ABROAD PROGRAM

Final Evaluation Form

Name:

Date and Country of Volunteer Program:

Please rate the following as 1--poor, 2--good, 3--very good or 4-- excellent:

USA Staff	<u>4</u>
Airport pick up	<u>2</u>
Cultural immersion	<u>N/A</u>
Food	<u>3</u>
Accommodation	<u>4</u>
Host Family	<u>4</u>
Volunteer Project	<u>4</u>
Field staff	<u>3</u>

Please summarize your about volunteer experience (please attach extra sheet if necessary) with IFRE.

I worked at Police Hospital in Cantonments - Accra, Ghana, assisting with general patient care and observing the doctors and nurses. Some of the tasks I performed include assessing and recording vital signs, cleaning and measuring children and babies, helping to change dressings, + even starting IVs + administering injections. I also enjoyed reading patient histories and following doctors on their rounds. All of the hospital staff was extremely nice and wanted to ensure my happiness + good learning experience. My host family was amazing, teaching me a great deal about the Ghanaian culture + lifestyle, answering all my questions + revealing in my positive experience. They cooked me wonderful local dishes, taught me local games, showed me how to do certain chores + we watched African films + shows. As a whole, the Ghanaian peoples are friendly + receptive to foreign volunteers, extremely helpful, funny + ready to answer any questions I had, I could not have enjoyed my immersion into Ghanaian society more.

What was the best part of your humanitarian volunteer program?

Living with a host family and interacting with Ghanaians. It was a true cultural immersion + made me feel not like a tourist but like a family member. Through interaction with locals everyday I was able to learn some of the language and lots about the culture, values, beliefs + lifestyles of the people. Though I do feel like my work at the hospital was not only fulfilling and educational, I learned much more from the cultural ~~experience~~ experience.

Do you recommend IFRE program for others (please circle) (i) Yes (ii) No

Can we pass your e-mail to interested potential volunteers?? If yes, e-mail:

macbowen@gmail.com